

Everything Sourdough

Nutrition Facts

14 servings per container

Serving size 1 slice (40g)

Amount Per Serving

Calories 120

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 400mg 17%

Total Carbohydrate 21g 8%

Dietary Fiber 1g 4%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 3g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 0.5mg 2%

Potassium 50mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CERTIFIED ORGANIC UNBLEACHED WHEAT FLOUR, WELL WATER, EXTRA VIRGIN OLIVE OIL, EVERYTHING SEASONING (FLAXSEED, POPPY SEEDS, DRIED GARLIC, DRIED ONION, KOSHER FLAKED SALT) ORGANIC STONEGROUND RYE FLOUR, SEA SALT, CULTURED WHEAT, PLANT BASED ENZYME

CONTAINS: WHEAT

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