

San Fran Rustic

Nutrition Facts

14 servings per container

Serving size 1 slice (40g)

Amount Per Serving

Calories 100

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 220mg 10%

Total Carbohydrate 23g 8%

Dietary Fiber <1g 3%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 3g

Vitamin D 0mcg 0%

Calcium 10mg 2%

Iron 0.4mg 2%

Potassium 30mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CERTIFIED ORGANIC UNBLEACHED WHEAT FLOUR, WELL WATER, SEA SALT, CULTURED WHEAT, ORGANIC ENZYME

CONTAINS: WHEAT

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