

Asiago Cheese

Nutrition Facts

14 servings per container

Serving size 1 sliced (40g)

Amount Per Serving

Calories 120

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol <5mg 1%

Sodium 250mg 11%

Total Carbohydrate 21g 8%

Dietary Fiber <1g 3%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 4g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 0.4mg 2%

Potassium 40mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CERTIFIED ORGANIC UNBLEACHED WHEAT FLOUR, WELL WATER, BELGIOIOSO ASIAGO CHEESE (PASTEURIZED RBST FREE MILK, CULTURES, SALT, ENZYMES), ORGANIC STONEGROUND RYE FLOUR, EXTRA VIRGIN OLIVE OIL, SEA SALT, CULTURED WHEAT, ORGANIC ENZYME

CONTAINS: MILK, WHEAT

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