## Northern Baking Italian

Nutritio Serving Size: 1 slice, Servings Per Contain	, 1.1 oz (32g)
Amount Per Serving	
Calories 80	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydra	<b>ate</b> 15g <b>5</b> %
Dietary Fiber <1g	3%
Sugars 0g	
Protein 3g	
Vitamin A 0%	Vitamin C 2%
Calcium 0%	• Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your	

calorie needs: Calories: 2,000 2,500 Total Fat Less than 65g 80g Sat Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg

Total Carbohydrate

Dietary Fiber

daily values may be higher or lower depending on your

INGREDIENTS: UNTREATED BREAD FLOUR, WELL WATER, RYE FLOUR, MEDIUM, OLIVE OIL, SEA SALT, YEAST

300g

25g

375q

30g